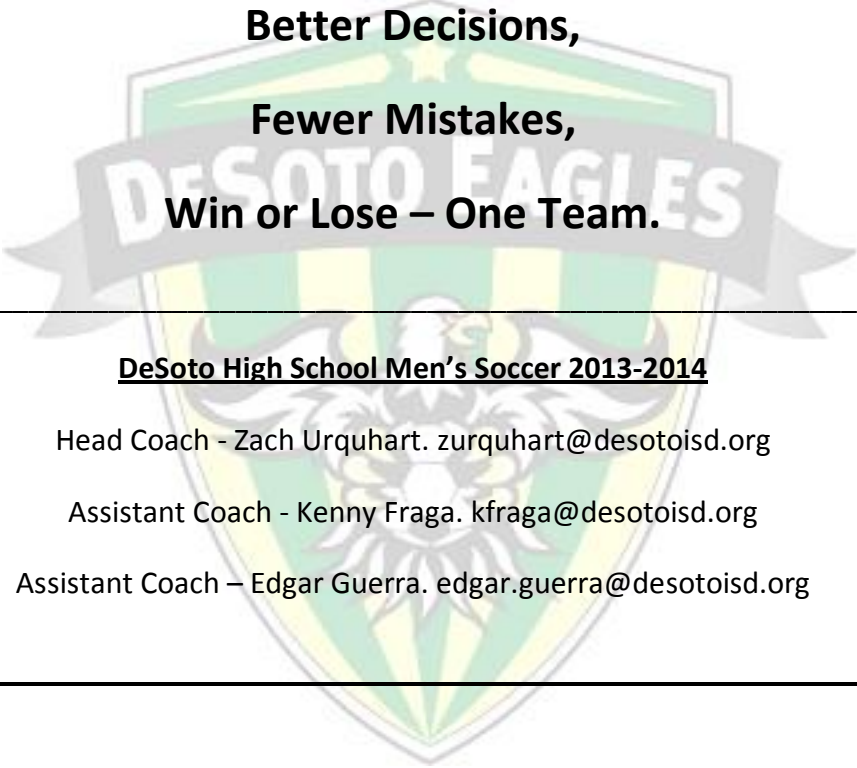


DeSoto Men's Soccer Policies

**Better Decisions,
Fewer Mistakes,
Win or Lose – One Team.**



DeSoto High School Men's Soccer 2013-2014

Head Coach - Zach Urquhart. zurquhart@desotoisd.org

Assistant Coach - Kenny Fraga. kfraga@desotoisd.org

Assistant Coach – Edgar Guerra. edgar.guerra@desotoisd.org

EXPECTATIONS

We got better last year, now is the time for us to build.

Be here, be on time, be dressed, **be at work**. Last year we fixed a lot of the issues with people putting things before this program. Keep it up. Before you miss a practice, ask yourself, “does this help the team?” Remember men, whether we win or lose, we are one team.

GRADES

You have to pass all classes every six-weeks to be eligible to play soccer; no pass/no play.

With the new block schedule, we will have a good bit of study hall time. Between your teammates and the coaches, you will use this time to get help where you need it. If you make all A's, you will be helping a teammate with their studies. Music is fine, but not games/videos.

If your grades are a problem that is getting in the way of improving this program, you will be removed from the program.

*****If you are having grade issues that require our encouragement, we will help you out. This may include mandatory tutoring sessions, sitting out of practice to do work, or other assistance at our discretion. You are expected to follow whatever directives we offer in these matters. Simply failing is not a huge problem (unless it persists). Failing to address the problem IS.**

DeSoto Men's Soccer Program Policies 2013-2014

PARTICIPATION POLICY – BE AT WORK

Every student-athlete is expected to dress out in program-issued equipment and participate every day. This includes soccer class, after-school practices, Christmas Break practices, and games. If you choose not to participate, your grade will reflect, and you will likely be removed.

If you are sick, you must have a note from a parent/guardian the day you return. If you are injured, you must have a note from the trainer. See below for more information on our trainers.

To kick a ball, you need shinguards. If you forget them, you will sit out.

Do not bring jewelry or cell phones to practice. Leave these items in your locked locker. No food or candy is allowed at practice.

CALENDAR & SCHEDULE

Because of the changing block schedule, we have longer class periods, but cannot go over a state mandated time allotment each day/week. As such, our training regimen may not be *as* consistent as it has been in the past. Generally, there will be a few days of cardio/strength each week and a few of skills/strategy. You will get a weekly overview each Monday for that week.

AUGUST 26 – NOVEMBER 15

We will practice during period soccer classes only, this is the likely breakdown.

Mondays	Conditioning
Tuesdays	Cardio/Strength
Wednesdays	Skills /Scrimmaging
Thursdays	Fitness/Conditioning/Skills
Fridays	Skills/ Scrimmaging

We will continue with this schedule until Thanksgiving break.

NOVEMBER 25 – DECEMBER 20

We will practice during the periods **AND** we will have mandatory after-school practice (ASP) from **3:00pm – 4:15pm** on **Monday-Friday**. Plan ahead for projects, jobs, girlfriends etc., you need to be at practice every afternoon.

We will continue with this schedule until Christmas break.

DeSoto Men's Soccer Program Policies 2013-2014

DECEMBER 23 – JANUARY 3

We will have several practices during Christmas break. Dates/times to be determined.

JANUARY 6 – MARCH 28 (and beyond)

Due to the complexity of the schedule this year, be aware of the various potential games and practices with which you might be involved.

Mondays	4/8 Period Practice PLUS ASP (for all but JV if a game night)
Tuesdays	4/8 Period Practice PLUS ASP for JV if no game; Varsity game night
Wednesdays	Practice 4 th and 8 th periods NO ASP – Mandatory tutoring for all
Thursdays	Practice 4 th and 8 th periods PLUS ASP for all
Fridays	Game Day for Both

VIDEO

With block scheduling, we will watch game film, professional film, and technique videos. You will see and learn the way the game should be played. We will learn HOW to watch film as well. We are not simply watching highlights to be impressed, but we are watching to better understand areas where we need to improve. Phones will not be allowed during these sessions.

LOCKER ROOM RULES

1. Keep it clean. Clean up your area after every practice or game.
 2. All valuables must be locked up at all times in your locker. All lockers must be locked when at practice and any other time you leave the locker room.
The coaching staff is not responsible for lost or stolen items.
 3. No one is allowed in the soccer locker room other than people in the program at the appropriate times (even our players should not be in there during off periods).
 4. No yelling or playing in the locker room. Absolutely no soccer balls allowed.
-

TRAINERS

The athletic trainers are available for treatment/evaluation from 6:45am – 7:00am and during *your* lunch, Monday thru Friday. They will not see you if you wait until 7:05 to arrive. If you are hurt badly enough to miss practice, you need a note from the trainer.

DeSoto Men's Soccer Program Policies 2013-2014

NEGATIVE CONSEQUENCES

Failure to comply with these rules may result in disciplinary action and/or suspension of game-playing privileges and/or removal from the soccer program.

If a student-athlete is a continual discipline problem in or outside of the classroom, the student can and will be removed from the soccer program. This includes ISS, OSS, AEP, office referrals, and behavior reports from teachers.

Playing soccer is a privilege. Thus, any individual can be removed from the soccer program at any time at the discretion of the coaching staff.

LETTER JACKETS

To "letter" in men's soccer, a student-athlete must play in a minimum of 12 varsity district games or start a minimum of 8 varsity district games. They must also be on an active roster both at the beginning and end of the district schedule. Severe disrespect towards the coaches or program can negate a student earning their letter.

Addendum: *Any student can "letter" by making significant contributions to the program on or off the field of play (coaches' discretion).*

BOOSTER CLUB

The Men's Soccer Program is supported by a parent-run Booster Club. They raise money for our end-of-year banquet by running the concession stand at home games and other fundraising activities. We need as many parents as possible to be involved. Please encourage your parents to get involved. They will have their first meeting soon. We also expect every student athlete to participate in student led fundraising.

STAYING CONNECTED

website <http://desotoeaglessoccer.weebly.com>
facebook <http://facebook.com/DeSoto.High.School.Mens.Soccer>
Coaches' Phones – when in doubt, call or text us with questions.

DeSoto Men's Soccer Program Policies 2013-2014

CONTRACT

In an effort to cut down on excessive paper use, the entirety of the 2013-2014 Men's Soccer Program Policies is online in several locations. They outline expectations, rules, schedules, and hopefully answer any other questions you may have about the Program. The student athletes have gone through the document with the coaches, please ensure that they go through the information with you at your discretion.

Please sign below, indicating that you have received this information and that you understand it. You are agreeing to participate in the Men's Soccer Program and are pledging to commit to it 100%, as well as confirming that you understand the potential consequences if you fail to commit 100%.

Player Name _____

Player Signature _____

Date _____

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date _____

In addition to THIS contract, the District requires you to fill out the Athletic Department forms, including a contract with DeSoto policies, as well as a physical, Baseline Concussion test, and several medical acknowledgement forms. Please ensure that you have done so in order to be in compliance with State/District Guidelines.